



*June 18, 2025*

## **New York Lawmakers Pass Nation-Leading Kratom Rules in a Win for Harm Reduction**

The New York State Legislature has passed two significant kratom safety bills:

A.2340-A/S.4552-A, which prohibits sales to individuals under 21, and A.5852-A/S.8285, which requires clear warning labels and bans misleading “all natural” claims on kratom packaging. Jeff Smith, National Policy Director at the Holistic Alternative Recovery Trust (HART), issued the following statement:

“This session, New York became a national leader in consumer safety and harm reduction.

“The Legislature passed two landmark kratom safety measures last week: A.2340-A/S.4552-A, which prohibits the sale of kratom to anyone under 21 and establishes civil penalties for violations, and A.5852-A/S.8285, which requires clear warning labels on all kratom products and bans the use of misleading marketing terms like ‘all natural.’ Together, these bills bring long-overdue clarity to a fast-growing space and represent a sensible, science-based approach to public health.

“Kratom is a plant-based supplement used by thousands of New Yorkers to manage pain, support recovery, and avoid opioids. One of its active compounds, 7-hydroxymitragynine (7-OH), offers particular promise as an affordable, accessible harm reduction tool, especially in rural, low-income, and underserved communities. These bills show that New York is serious about getting this right. They protect consumers from unsafe products, give responsible businesses clear rules to follow, and avoid the kind of rushed or overly broad bans that have caused confusion and harm in other states. That’s real leadership.

“With overdose deaths still high and access to treatment uneven across the state, this progress comes at a critical moment. These laws lay a strong foundation for future regulations that will ensure product quality, transparency, and safety, while preserving access to effective alternatives like 7-OH.

“In the year ahead, HART looks forward to working with lawmakers, regulators, and stakeholders to develop the next phase of policy: covering dosage guidelines, third-party

testing, retail compliance, and clear labeling standards. New York has taken the lead, and we're ready to help build on that momentum."

*[The Holistic Alternative Recovery Trust \(HART\)](#) was founded in 2023 to unite companies and organizations working to expand access to plant-based recovery tools in response to the national opioid epidemic. HART's mission is to promote science-backed, holistic alternatives by supporting university-led research, educating consumers on safety and efficacy, and advocating for responsible regulation at both the federal and state level.*